

## SAILING ON THE *PISCATAQUA*

You and your students are about to embark on a unique educational experience, under sail on our traditional wooden barge. You'll be engaged in learning through hands-on activities, adventure based education, quiet observation, and will work as a team to set the sail and help navigate the vessel. Please notify us in advance of students with special needs or health issues, and feel free to contact us with any questions or concerns: 603.433.9505 or [education@gundalow.org](mailto:education@gundalow.org).

What you should know:

- The Coast Guard-certified *Piscataqua* sails the tidal waters of the Piscataqua Region
- A licensed captain and onboard educator will be in charge of your trip
- The program is designed for one class; a second class can be engaged shore-based activities.
- Students will rotate through hands-on learning stations led by trained educators
- Activities are correlated with state frameworks and learning results.

What to expect:

- Students engaged at hands-on learning stations during a 2.5 hour sail
- Quiet time for observation, journaling, and/or sketching
- Team work to set the sail and steer the boat
- Activities that encompass a variety of learning styles
- A renewed enthusiasm for learning

What you can do:

- Discuss the agenda and logistics with your class
- Bring a completed permission form for each student
- Divide your class into **three** small groups before you arrive
- Remind your students about dressing for the weather
- Have students use the Park bathrooms before sailing

What to bring:

- Permission forms
- Sunscreen
- Reusable water bottle
- Raingear
- Hats, mittens, jackets

What to wear:

- Warm clothes (long pants, sweatshirts, socks)
- Removable layers of clothing
- Rubber-soled shoes, NO sandals!

What to leave at home

- **Electronics (including cell phones)**
- **Food and gum**
- **Flip-flops, sandals, clogs**
- **Umbrellas**

### \* **IMPORTANT REMINDERS** \*

*It is typically cooler on the water!  
Make certain students dress for a  
boat ride, not for a day at school.*

*Cell phones should be left on the bus  
or collected before sailing  
so students are not distracted  
and items are not lost overboard.*

Contact for questions:  
[education@gundalow.org](mailto:education@gundalow.org)

603.433.9505

Boat phone for day of sail:  
603.502.0174



**Gundalow**  
**COMPANY**

Protecting the Piscataqua region's  
maritime heritage and environment  
through education and action